Highlighted boxes indicate commendations from the Jur h MEDMAC Intercessional		o. Ref No. gets confused b riners & last 4 SS#/ Ref No.			either integrated into the for or appear at the beginning the form.	
eeting***	U.S.	OF HOMELAND SE Coast Guard		3. Make con 719K/E	25 pt 040	
Section I: Applicant Information - To be completed by the Applicant and reviewed by the Medical Practitioner 4. Remove "Age" & utilize "Date of						
Lastrianie	C AGREES curity No. (XXX-XX-XXXX) Ref	Middle Name ference No. (If applicable)	Suffix (J	Female	5. Instruction for proper nar (i.e. last name/family name) MERPAC: Whatever the Fed. Gov't uses as a standard.	
Endorsement(s) hel Deck Engineer Specify: 8. ADD: "apply"	Food Handler O	ther Make languag with reg and c everything afte Medic Use DOB; do BOTH!?	el Cottificato Colv. je consistent lelete	one of the following:	i. Applicant type may also be in "annual" physical for pilots or those serving as pilots. MERPAC: just use the term Annual." . Add contact information to be include how do you wish to be ontacted? And email. MERPAC AGREES.	n 0
Have you ever mau, be	vision problems except glasses	Yes [12 acc to	Still not clear. Med Cert to company original, Med Cert accompany raise in grade, c. MERPACHuh?	
Yes No 3. High	or low blood pressure rt of vascular disease of any kind	ms/surgery Yes Yes Yes		severe headaches inting spells/balance proble tion sickness requiring me		_
defil	rt surgery and/or implanted devices (pacer orillator, etc.) g disease of any type (asthma, bronchitis,		brain disorde No 23. Any neurologi	ic disorder or nerve proble	lete "adjustment disorder" d "PTSD."	
poly	blood disorder (anemia, hemophilia, blood cythemia, etc.) petes, glucose intolerance, or sugar in urine	Yes	No 24. Attention Defi	rsis not listed above icit Disorder with or withou ression, bipolar disorder, a		
Yes No 9. Thy	13. All highlighted	condition road and Yes	PTSD, or sch No 26. Suicide attem No 27. Evaluation, tre substance us	npt 14. Reta discussion open the MERPAC within the meatment, or how within the meatment.	in ideation "thoughts" much on and having thoughts shou discussion with the doctor. C: leave suicide attempt, a te last 10 years	uld
	ney problems/stones or blood in urine y other urinary or bladder problems not liste	Yes Yes	No 28. Any other psy	prescription medications, or ychiatric disorder, mental h n, or psychological counse sint problems, or orthopedic	nealth evaluation/ pling not listed above.	
Yes No 14, Alle	n disorder or problem ergies or allergic reactions to any substance	Yes Yes	walker, brace No 31. Fractures, red	prosthesis, or use of ambues, etc.) current dislocations or timi	Put 'period' after	
Yes No 15. Infe	cctious/contagious disease 15. Perhaps use the word sleet "Reecurring" drome, Narocolepsy, Shift Work Sleep Dis lepsy, fits, or seizures	Restless Leg Yes Yes Yes Yes	No 33. Any diseases listed on this	dmissions within the last s	ses, or disabilities	
CG-719K (06/12) (Lasi 17. Add "already habox (attach copy)"	Applicant Name: t Name, First Name, M.L) ve waiver	18. Some discussion as to duration 6 years is too long is the appropriate time limit MERPAC: use "6 years or	the time? langua was to signed reason	uch discussion on this		

Secti	on II: Medical Conditions (continued)		
and cu additio	ents: For each "YES" answer, please provide the following: medical cond. rrent medical/functional status. Additional sheets may be added as needed nal sheet.		
Number	Additional Information	supporting documentation to verify findings. MERPAC agrees	
Sect	ion III: Medications - To be completed by the Applicant and rev	viewed by the Medical Practitioner	
The in	ormation reported by the applicant must be verified by the medical practi	tioner to include the following two items.	
	port all medications prescribed, filled, and/or taken within the last 30 days	·	s.
	port all prescribed medications taken to improve attention, behavior, or pl		(.)
	lude dosage and frequency taken of every substance on this form, as we onal sheets may be added by the applicant and/or medical practitioner if I	· · · · · · · · · · · · · · · · · · ·	
of birti	n on each additional sheet.)	21. Use the language from MERPAC Agrees.	
If none	, check "NONE". NONE	MENT AO Agrees.	
-			
	Applicant Name: ame. First Name. M.I.)	Date of Birth: (mm/dd/vvvv)	

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anguage from next section: This section should be completed by the medical actitioner or other medical staff to the satisfaction of the medical practitioner. Can make this applicable to section V, VI, VII to items 1-17. Double check instructions on page 7. MERPAC AGREES

CG-719K (06/12) REPORT OF MEDICAL EXAMINATION The following sections must be completed by the Medical Practitioner Section IV: Vision The medical practitioner must indicate test used and results (number of errors). Additional information must be reported in Section VII. Color sensing lenses (e.g. X-Chrome) are prohibited. 23. Insert dividing line to separate the uncorrected/ a. Visual Acuity corrected boxes. Also, add **Distant Uncorrected** Distant Corrected To the words "if necessary" to This app "Distant Corrected To" side. horizontal field of vision. Right: 20 Right: 20 Normal Left: 20 Left: 20 Abnormal 24. Add "(check one)' b. Color Vision The following color sense testing methodologies are acceptable: AOC (1965) - (6 or fewer errors on plates 1-15) Ishihara pseudoisochromatic plates test, 14 plate (5 or less errors) Ishihara pseudoisochromatic plates test, 24 plate (6 or less errors) AOC-HRR (2nd Edition) - (No errors in test plates 7-11) Ishihara pseudoisochromatic plates test, 38 plate (8 or less errors) HRR PIP (4th Edition) - (No errors in test plates 5-10) Farnsworth Lantern (colored lights) Test per instruction booklet Richmond (1983) - (6 or fewer errors) Dvorine pseudoisochromatic 15 plate test (6 or less errors) Titmus Vision Tester/OPTEC 2000 - (No errors on 6 plates) An alternative test approved by the Coast Guard (Indicate test) Optec 900 (colored lights) Test per instruction booklet. 25. Need to determine which tests applicable to Deck & Color Vis which to Engine 26. Should be included in the box above with the qualifier. Number of Errors: Farnsworth D-15 Hue Test (atta Passed Failed (Engineer/radio/tankerman/MODU only) Mariner is able to distinguish red, green, blue, and yellow: Yes Provide clarification that this is applicable for engineers specifically Section V: Hearing (a) An applicant with normal hearing by forced whispered voice ≥ 5 feet with or without hearing aids does not need to complete either the audiometer test or the 28. BOLD this instruction (a) functional speech discrimination test. (b) If hearing is abnormal, then perform either a fulin between instruction (a) and at 65 dB or an audiogram documenting thresholds and averages as indicated below. Both aided and unaided value (b) requiring hearing aids. (c) All applicants with an unaided threshold > 30d $\stackrel{\circ}{\mathbb{B}}$ in the petter ear snourd nave runctional speech discrimination testing performed at 65dB. (d) Refer to Medical and Physical Evaluation Guidelines for Merchant Mariner Credentials from the NMC website (http://www.uscg.mil/nmc/medical/default.asp) for further guidance. Report any additional information or comments in Section VII. Normal Hearing Abnormal Hearing Hearing Aid Required **Functional Speech** Audiometer Discrimination Test @ 65dB Threshold Value 500Hz 1.000Hz 2.000Hz 3.000Hz Average Right Ear (Unaided): % Right Ear (Unaided) % Left Ear (Unaided): Left Ear (Unaided) % Right Ear (Aided): Right Ear (Aided) % Left Ear (Aided): Left Ear (Aided)

Applicant Name:	Date of Birth:
(Last Name, First Name, M.I.)	(mm/dd/yyyy)
	Previous Edition Obsolete

29. Items 1- 17 must be completed by the n "staff" Section V, VI and VII can be done by medic items 1-17 as a new section or call VIIA and	al staff. Can possibly create I VIIB. MERPAC AGREES	30. Add comment "for BMI >40 refer to section VII for physical ability. MERPAC understands the intent, but this is unnecessary Section VII has to be reviewed for everyone
Section VI: Physical Examinatio		anyway.
This section should be completed by to Please make comments in the space p		ner medical staff to the satisfaction of the medical practitioner. and as an "abnormal" system/organ.
Height (inches only):	Weight (lbs):	Body Mass Index(BMI):
Pulse Resting: Initi	ial Blood Pressure:	Repeat Blood Pressure (if needed):
1. Heau, Face, Neck, Scalp	dditional Medical Comments Item Additional Information	31. Add an item to document distinguishing marks, i.e. tattoos, scars, etc. MERPAC: Disagrees; if at all, should be under Identity.
2. Eyes / Pupils / EOM Normal Abnormal		
3. Mouth and Throat		
4. Ears / Drums Normal Abnormal		
5. Lungs and Chest Normal Abnormal		
6. Heart Abnormal		
7. Abdomen Abnormal		
8. Upper / Lower Extremities Normal Abnormal		
9. Spine / Musculoskeletal Normal Abnormal		
10. Skin Normal Abnormal		
11. Lymphatic Normal Abnormal		
12. Neurologic Normal Abnormal		and Missing digits to last in list and provide yes/no or at off set or something to signify that this is different.
13. Vascular System Normal Abnormal	MERPAC: Place '	hernia' and 'missing digits' last; put a dividing line d all others with YES NO check boxes.
14. Genitourinary System Normal Abnormal		
I IS. Hellila	Missing fingers are yes/ o	
16. Missing Extremities / Digit Abnormal		
17. General / Systemic [Normal Abnormal [
Applicant Name: (Last Name, First Name, M.I)		Date of Birth: (<i>mm/dd/yyyy</i>)

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Section VII: Demonstration of Physical Ability

35. Lots of discussion on this point- match to STCW and NVIC

- 1. If the medical practitioner doubts the applicant's ability to meet the guidelines contained within this table, and for all applicants with a Body Mass index (BMI) of 40.0 or higher, the practitioner shall require that the applicant demonstrate the ability to meet the guidelines. This does not mean, for example, that the applicant must actually don an exposure suit, pull an uncharged 1.5 inch diameter 50' fire hose with nozzle to full extension, or lift a charged 1.5 inch diameter fire hose to firefighting position. Rather, the medical practitioner may utilize alternative measures to satisfy himself or herself that the applicant possesses the ability to meet the guidelines in the third column. A description of the methods utilized by the medical practitioner should be reported in the **Comments** section provided below.
- 2. All practical demonstrations, if required, should be performed by the applicant without assistance. Any prosthesis normally worn by the applicant, and any other aid devices, may be used by the applicant in all practical demonstrations except when the use of such items would prevent the proper wearing of mandated personal protection equipment (PPE).
- 3. If the medical practitioner is unable to conduct the practical demonstration, the applicant should be referred to a competent evaluator of physical ability. The Coast Guard recognizes that all medical practitioners may not have the equipment necessary to test all of the tasks as listed. Equivalent alternate testing methodologies may be used. For further information, check the Medical and Physical Evaluation Guidelines for Merchant Mariner Credentials (https://www.uscg.mil/nmc/medical/default.asp).
- 4. If the applicant is unable to perform any of the following functions, the medical practitioner should provide information on the degree or the severity of the applicant's inability to meet the standards. The results of any practical demonstration or attendant physical evaluation should be recorded in the **Comments** section provided below.

LISTS OF TASKS CONSIDERED NECESSARY FOR PERFORMING ORDINARY AND EMERGENCY RESPONSE SHIPBOARD FUNCTIONS				
Shipboard Tasks, Function, Event, or Condition	Related Physical Ability	Acceptable Demonstration		
Routine movement on slippery, uneven, and unstable surfaces	Maintain balance (equilibrium)	Has no disturbance in sense of balance 36. See comments of Section VII in the K/E		
Routine access between levels	Climb up and down vertical ladders and stairways	Is able, without assistance, to climb up and down vertical ladders and stairways		
Routine movement between spaces and compartments	Step over high doorsills and coamings, and move through restricted accesses	Is able, without assistance, to step over a doorsill or coaming of 24 inches (61 centimeters) in height. Able to move through a restricted opening of 24 inches		
Open and close watertight doors, hand cranking systems, open/close valve	Manipulate mechanical devices using manual and digital dexterity, and strength	Is able, without assistance, to open and close watertight doors that may weigh up to 55 pounds (25 kilograms); should be able to move hands/arms to open and close valve wheels in vertical and horizontal directions; rotate wrists to turn handles; able to reach above shoulder height		
Handle ship's stores	Lift, pull, push, carry a load	Is able, without assistance, to lift at least a 40 pound (18.1 kilogram) load off the ground, and to carry, push, or pull the same load		
General vessel maintenance	Crouch (lowering height by bending knees); kneel (placing knees on ground); stoop (lowering height by bending at the waist); use hand tools such as spanners, valve wrenches, hammers, screwdrivers, pliers	Is able, without assistance, to grasp, lift, and manipulate various common shipboard tools 37. Clarify to mean diameter or to reflect the shape of a deck hatch. 24x24 inch MERPAC: Agree		
Emergency response procedures including escape from smoke-filled spaces	Crawl (ability to move body using hands and knees); feel (ability to handle or touch to examine or determine differences in texture and temperature)	Is able, without assistance, to crouch, kneel, and crawl, and to distinguish differences in texture and temperature by feel		
Stand a routine watch	Stand a routine watch	Is able, without assistance, to intermittently stand on feet for up to four hours with minimal rest periods		
React to visual alarms and instructions, emergency response procedures	Distinguish an object or shape at a certain distance	Fulfills the eyesight standards for the merchant mariner credential applied for (see the NMC website for more info)		
React to audible alarms and instructions, emergency response procedures	Hear a specified decibel (dB) sound at a specified frequency	Fulfills the hearing standards for the merchant mariner credential applied for 38. Valid website? MERPAC:		
Make verbal reports or call attention to suspicious or emergency conditions	Describe immediate surroundings and activities, and pronounce words clearly	Is capable address.		
Participate in firefighting activities	Be able to carry and handle fire hoses and fire extinguishers	Is able, without assistance, to pull an uncharged 1.5 inch diameter, 50' fire hose with nozzle to full extension, and to life a charged 1.5 inch diameter fire hose to firefighting position		
of"	Use survival equipment te "Demonstration	Has the agility, strength, and range of motion to put on a personal floatation device and exposure suit without assistance from another individual		
Demonstration of Physical Abilit	y Results COMMENTS:			
Applicant has physical strength, agility, an perform all of the items listed above	d flexibility to			
Applicant does NOT have physical strengt flexibility to perform any one of the items li	• •			
Applicant Name: (Last Name, First Name, M.I)		Date of Birth: (mm/dd/yyyy)		

rther recommends that this item be oved to the beginning of Section IV.	person completin practitioner instru adding h. in Secti	IC 04-8 & provide instruge form to go to section sections. MERPAC recortion 9 saying that the meld refer to the NVIC	9 of medical mmends	7
Section VIII: Food Handler Certification If applicable, to be completed by the Medical P Applicant is free from communicable disease.	Practitioner if Food Ha		ought by the app	licant.
Section IX: Summary	42. "Competent" to on one line; then a			
Applicant proof of identity verified: Yes	No "not competent" ar further review" with			43. Delete this sente
Overall fitness recommendation: Competen	f = u = = = = = = = = = = = = = = = = =	urther Rev	iew	entirely.
Supporting medical testing and documentation	for medical condition	ns included with subr	nission: Yes	MERPAC recomment this line be moved to
Comments: 44. Much discussion- consider rem USCG can determine competence of write why they require further review NVIC table notation)". Competent w Discussion of 2 years to testing a D new form with the DME program. This signature attests, subject to committee prosecution and	for a medical certificate, w for a specific condition with limitations could be ME program with 5 years and the country that	, or, add to clarify (refer n, or, add a box for "Cor only an item that can b irs having a full DME pro	to comments belo mpetent with limita e used by DME? ogram. MERPAC	w) and in comments tions- (note below with feels there will be a moner is true and content to the
best of his/her knowledge and that the medical practition	er has not knowingly omi	tted or falsified any mater	ial information relev	ant to this form.
(Last Name) (First Name)	(M. l.)	Signature MD/DO	PA [NP
License Number	State	Date (mm/de	d/yyyy)	
Office Address		Phone Number	(000)	000-0000
Section X: Applicant Release and Certif Third Party Release: By checking the following box, I hereby authorize the repersonnel, any pertinent information in his/her possession	nedical practitioner, who has	signed the certification on the	is page, to release to,	
the Coast Guard should issue a medical certificate for man I understand that this authorization is voluntary. I also uto whether the Coast Guard should issue me a medical ceme the requested medical certificate for maritime service, I have read and understand the following statement ab - I may revoke this authorization at any time prior to it writing but the revocation will not have any effect on - Upon request, I may see or copy the information dear	understand that failure to pro ertificate for maritime service but no longer than one year, out my rights: Its expiration date by notifying any actions taken before the scribed in this release.	. This authorization will rema g the medical practitioner in	in in effect until the Co	
 - I am not required to sign this release to receive my representation or third party, address, and phone number. 	ormation to the third party as ditional third party release info	ormation can be attached se	parens. pro	vide the name of
	Name of Organizatio	O OF IDITA HAMIL		
Act on my behalf in all matters pertaining to the processing of my current USCG medical certificate application	Organization Point of Address:	f Contact (if applicable)	:	
processing of my current USCG medical certificate application 48. Assure that this release language to develop metrics relative to marine towards improvements in the future. 9/11 The tick box should be relocated.	Organization Point of Address: ge allows USCG r conditions d to the top or	f Contact (if applicable) State	: Z	ip Code:
processing of my current USCG medical certificate application 48. Assure that this release language to develop metrics relative to marine towards improvements in the future.	Organization Point of Address: ge allows USCG r conditions d to the top or	f Contact (if applicable)	: Z	This section for release requires
Assure that this release language to develop metrics relative to marine towards improvements in the future. 9/11 The tick box should be relocate bottom of part A. Section X should be A' and part 'B. Name (Last Name) (First Name) Wy signature below attests, subject to prosecution under 18 USC hat it is to be considered part of the basis for issuance of any meand understand the Privacy Act Statement that accompanies this	Organization Point of Address: Je allows USCG r conditions d to the top or be split into 'part r (M.I.) C 1001, that all information predical certificate to me. I have some	State (000) 000-000 Signature rovided by me on this form is e not knowingly omitted any	: Z	This section for release requires ature add line to allow for signature. Date (mm/dd/yyyy) he best of my knowledge, and I agree
processing of my current USCG medical certificate application 48. Assure that this release languag to develop metrics relative to marine towards improvements in the future. 9/11 The tick box should be relocated bottom of part A. Section X should be A' and part 'B.' Name (Last Name) (First Name) My signature below attests, subject to prosecution under 18 USC hat it is to be considered part of the basis for issuance of any me	Organization Point of Address: Je allows USCG r conditions d to the top or be split into 'part r (M.I.) C 1001, that all information predical certificate to me. I have	State (000) 000-000 Signature rovided by me on this form is e not knowingly omitted any	complete and true to material information resection XI	This section for release requires ature add line to allow for signature. Date (mm/dd/yyyy) he best of my knowledge, and I agree

Previous Edition Obsolete

Clarify within document form as well as to which sections

apply for a medical practitioner or his staff as able to complete.

MERPAC disagrees.

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- 9. The medical practitioner shall complete Section VIII for all applicants requiring Food Handler Certification. The medical practitioner need not perform any additional laboratory testing unless it is deemed clinically necessary. Applicants and currently employed food workers should report information about their health as it relates to diseases that are transmissable through food. The following issues should be considered by the medical practitioner when certifying an applicant:
 - a. The applicant reports they have been diagnosed with an illness due to organisms such as Salmonella Typhi, Shigella spp., Shiga-toxin-producing Escherichia coli, Hepatitis A virus, etc.
 - b. The applicant reports they have at least one symptom caused by illness, infection, or other source that is associated with an acute gastrointestinal illness such as diarrhea, fever, vomiting, jaundice, or sore throat with fever.
 - c. The applicant reports they have a lesion containing pus, such as a boil or infected wound, which is open or draining and is on hands or wrists or on exposed portions of the arms.
 - d. The applicant reports they have had Salmonella Typhi within the past three months, Shigella spp. within the past month, Shiga toxin producing Escherichia coli within the past month, or Hepatitis A virus ever.
 - e. The applicant reports they are suspected of causing or being exposed to a confirmed disease outbreak caused by organisms such as Salmonella Typhi, Shigella spp., Shiga-toxin-producing Escherichia coli, Hepatitis A virus, etc. This would include outbreaks associated with events such as a family meal, church supper, or festival because the food employee ate food implicated in the outbreak, or ate food at the event prepared by a person who is infected or who is suspected of being a shedder of the infectious agent.
 - f. The applicant reports they live in the same household as, and have knowledge about, a person who is diagnosed with organisms such as Salmonella Typhi, Shigella spp., Shiga-toxin-producing Escherichia coli, Hepatitis A virus, etc.
 - g. The applicant reports they live in the same household as, and have knowledge about, a person who attends or works in a setting where there is a confirmed disease outbreak caused by organisms such as Salmonella Typhi, Shigal-toxin-producing Escherichia coli, Hepatitis A virus, etc.
- 10. Instructions for providing proof of identity

a. Applicants shall present acceptable proof of identity to the medical practitioner conducting examinations.

Medical practitioners must verify the identity of applicants before conducting examinations. 64. See our comments in Proof of identity shall consist of one current form of valid government issued photo identification.

d. The following credentials are examples of acceptable proof of identity: Unexpired official identification issued by a Federal, State, or local government or by a territory or possession of the United States, such as a passport, U.S. driver's license, U.S. military ID card or Merchant Mariner's Document / Merchant Mariner Credential.

65. Add TWIC as a valid form of identification

Privacy Act Statement

66. Keep current

As required by Title 5 United States Code (U.S.C.) 552a (e)(3), the following information is provided when supplying personal information to the United.

- 1. Authority for solicitation of the information: 46 U.S.C. 2104(a), 7101[c]-(e), 7306(a)(4), 7313[c](3), 7317(a), 8703(b), 9102(a)(5).
- 2. Principal purposes for which information is used:
 - a. To determine if an applicant is physically capable of performing their duties.
 - b. To ensure that a duly licensed or certified Physician (MD or DO) / Physician Assistant / Nurse Practitioner conducts the applicant's physical examination/certification and to verify the information as needed.
- $\ensuremath{\mathsf{3}}.$ The routine uses which may be made of this information:
 - a. This form becomes part of the applicant's file as documentary evidence that regulatory physical requirements have been satisfied and that the applicant is physically competent to hold a credential.
 - b. The information becomes part of the total credential file and is subject to review by Federal agency casualty investigators.
 - c. This information may be used by the United States Coast Guard and an Administrative Law Judge in determining causation of marine casualties and appropriate suspension and revocation action.
- 4. Disclosure of this information is voluntary, but failure to provide this information will result in non-issuance of a credential.

An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a valid OMB control number. The United States Coast Guard estimates that the average burden for completing this form is 18 minutes. You may submit any comment concerning the accuracy of this burden estimate or any suggestions for reducing the burden to the National Maritime Center, 100 Forbes Drive, Martinsburg, WV 25404.

67. Question? How long does it take to complete this form?????

Applicant Name:	Date of Birth:	
(Last Name, First Name, M.I.)	(mm/dd/yyyy)	